

SHERYL GREENHOW

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Sheryl Greenhow is one of newest members to join the Breathing Blessings team. She is a native of Stafford, VA and was served by various local charities throughout her childhood. Sheryl was born as the 4th of 6 children and understands the struggle of hard-working families trying to survive with humble resources. With the firsthand experience of how effective charitable support was for her family, she is passionate about giving back to the community who once helped her. She lives fiercely by the golden rule: Treat others as you wish to be treated.

When given the opportunity to join Breathing Blessings, she jumped in whole heartedly. Serving with the organization combines her passion for helping her community as well as honoring her dear friend and high school mate, Keeisha West. Keeisha's lust for life and big heart for her family and friends is something that motivates Sheryl to this day. Keeisha was the epitome of 'ride or die' and her reliability and loyalty drive the organization to make a difference and honor her memory well.

Sheryl enjoys traveling, taking cruises, watching a good Hallmark movie, and relaxing when given the chance. She is a dynamite baker and is always on the hunt for new recipes to try.

Sheryl brings to the table her 20+ years of management experience, attention to detail, and her interest in event planning as our Secretary of Breathing Blessings. She is excited to be a part of this organization and is looking forward to bringing blessings to families in this area.